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TRAM FLAP PREP

Patients scheduled for Tram Flap reconstruction of the breast(s) must do a bowel prep the evening before surgery.

The day before surgery you may have a light breakfast and lunch (toast, a hard boiled egg, yogurt, soup, or Ensure).

During the afternoon you may have clear fluids (Popsicles, Italian Ices, soda, water, juice, but please avoid red or purple colors)

At 6 PM, a bowel prep is ordered.

The prep we use is Fleet Phospho-Soda following the directions on the box. **It has been helpful in the past to mix the regular flavoured Fleet Phospho-Soda with Ginger Ale as opposed to water to offset the taste of the prep.*

Continue to follow the directions on the box.